

WORLD HAPKIDO

Association

July
2008

newsletter



Welcome New WHA Members:

Tim Mathews from Orem, Utah
Cory Hunter from Tigard, Oregon
John P. Schultz from Lewiston, NY



Need more Hapkido training?

Visit our web site—www.worldhapikdo.com and check out our **Online Courses!** Our online training program was established in 2000 due to an overabundance of requests from people who had the desire to study but could not, because they were unable to locate a training center in their area. Offering a multitude of courses as well as certification programs that uphold the high quality standards of the World Hapkido Association, our online courses provide the opportunity for anyone to study Hapkido anywhere in the world.

Summer Camp

To WHA members attending summer camp and still looking for a hotel room. Master Piller was able to secure more rooms at the **Courtyard by Marriott** during our summer camp. It's about a ten minute drive. Anyone may book these rooms by stating they're with the WHA when they call for a reservation. The rooms are available from Aug 6th – 10th, and are first come – first serve. They will be the last available at the \$139 (plus tax) rate during this camp.

Courtyard by Marriott - Oxnard
600 E. Esplanade Drive
Oxnard, CA 93036
Phone: (805) 988-3600
[See included flyer.](#)

Now Available on
DVD
Ultimate Hapkido
with **Master Tae**
Jung
only \$59.95



Summer Camp 2008 Update

Just added - **Master Hindley** will be covering some Hapkido technique reversals during our Saturday session.

*If you haven't reserved your spot for this year's camp it's not too late, do it today!
And if you or one of your students plans to test for WHA Black Belt rank during the camp please contact me.*

See you in Ventura.
Master Piller

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Korean Terms

Many questions have been asked regarding the Korean terms of techniques. So, in an effort to help here are the names of some basic techniques:

Wrist Lock - Sohn-Mok Kukki

Arm Bar - Gahm-ah Kukki

Knife hand - Kahl Nutki

Turning break - Dol-ah Kukki

In addition, 'Kahl' in 'Kahl nutki' means knife or sword, and nutki means 'pushing into'. Direct translation of 'Kahl nutki' would be 'pushing into the knife'. Knife, of course meaning the Knife-hand.

Some people, especially who are used to TKD terms may interpret this inappropriately, because the knife-hand in Hapkido means the 'live hand'.

'Live hand' is completely different than the 'knife hand' in TKD terms.

All your fingers are separated and pointed in different direction in knife hand. In Live hand all fingers are gathered and pointed in one direction

Your live hand will give you the Ki-concentration on your wrist, so that you have an enhanced wrist that creates a stronger execution of the technique (pushing down with the wrist, not the knife edge of your hand).

In conclusion, 'Live-hand' is another way to translate the technique 'Kahl-nutki' Please let me know if anyone have more questions about techniques and names.

Hapki
Master Jung

We Want to Hear from YOU!
The WHA Newsletter is for the members by the members.

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.*

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it.

Please have all submissions in by the 25th of each month.



NOW AVAILABLE
WHA DVD
Courses I & II & III
Complete Staff Training
Featuring Master Jason Jung
\$49.95 + 5.95 s/h

Join the WHA forum today. Log onto www.worldhapkido.com. It's easy and it's free. Hear what members have to say. Ask questions, state opinions or tell of experiences!

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What is it worth?*

Here in the US we have it pretty good. We can basically walk into a martial arts studio, express our interest and start taking lessons immediately. The instructor comes to meet us and speaks to us without any introductions or recommendations and minimal efforts on our part. Perhaps that is why so many people come in the door take a lesson and go out the door, off to something else. If it were a little harder to start maybe we would value the opportunity more?

I just finished a book by Dave Lowry titled Autumn Lightning, it tells the story of his training with a Japanese instructor of ken-jutsu – the art of the sword. To start he spent about a month visiting the Sensei's home three times a week and asking to be trained. Each time he was told that no one there taught the sword. Finally he was told to come back the next day and maybe someone could help him. Can you imagine coming to the dojo and having someone answer the door telling you that no one here teaches Hapkido? Would you come back? Would you think it is worth your time to keep trying?

But you say this is America and not Japan or Korea, the instructor has to pay the rent. Why would he turn students away? The truth is that the instructor does not turn anyone away. He allows them to start and take lessons even though he knows that only a few out of the many will stay and help the dojang to grow. Does this make what we receive as students any less valu-

I don't know about you but there are times when I don't feel like going to class. Sometimes I succumb to that feeling and stay home, but more often than not I pack my bag and go into class. Once I get there, I usually enjoy myself and the outside world fades into the background. OK you say – we all deserve the occasional night off. While that may be true, I go to class for many reasons. One is that I should, I have chosen to train in Hapkido so I need to make sure that I keep going. Another is that the instructor is there, if they can be there to train, then so can I.

By no means am I putting myself up as the model student, there are nights where I just don't get into my training. There are times that I cannot make the technique work for love or money, but in the end I enjoy the training and want to keep moving forward. Reading the book made me think – what is my training worth to me? Is it worth coming to another class, possibly to practice at home, maybe visit another dojang when traveling for business? Ask yourself – what is it worth?

-Bill Boyd Asahi Dojo, PA

"Only you can make it happen"

*Articles originally published in Aikido Now

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WHA JR. Summer Training Camp 2008

Crowned Plaza Hotel
Ventura, California
August 9th
2008

Come and enjoy the camaraderie of fellow students during a fun and educational day!

WHA 2008 JR. Summer Training Camp

CAMP PRICE: \$69.00

Open to all kids, ages 4 to 12

Topics Covered:

- Basic Self Defense Tactics
- Falling Techniques
- Sumo Style Wrestling
- Emergency Preparation and 911 Skills
- Self Esteem Building Activities

Saturday 9:00am – 5:00 pm (LUNCH INCLUDED)

\$69.00 fee

Register by June 15th and receive a FREE Summer Camp T-Shirt!

WHA 2008 JR. Summer Training Camp Registration Form

Name: _____

Parent's Name: _____

Address: _____

School: _____

Phone & Email: (____) _____

T-Shirt Size: _____

LIABILITY WAIVER AND RELEASE

I have volunteered to participate in the WHA 2008 Jr. Training Camp. I understand that this activity includes, but is not limited to, physical exercise and physical contact, and that it is always advisable to receive a physical examination from a physician prior to participating in such an activity. The possibility of certain unusual physiological changes during competition does exist. They include but are not limited to: Abnormal blood pressure, fainting, disorders of heart beat, sprains, strains, muscle pulls, and in very rare instances, broken bones, and even death. I hereby acknowledge and accept these risks and hold harmless the World Hapkido Association, Jung's Martial Arts, Ki Martial Arts Centers, Inc., Way of the Orient Martial Arts Academy, The Crowne Plaza, Ventura, CA, and their respective staff or assistants, for any injury which may occur as a result of participation in this Training Camp. To my knowledge, I do not have any existing, limiting physical condition or disability which would preclude participation in this Training Camp, and I understand that no responsibility is assumed by the sponsors of the Training Camp for any such condition.

_____ Date _____

Parent or Guardian's signature

Send Payment and registration form to:

D. Piller

19722 E. Villanova Pl.

Aurora, CO 80013

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Join us for the World Hapkido Association's 2008 Summer Training Camp

Ventura, California
August 8th—10th, 2008

All new format!!!

Not only will you learn techniques, philosophy, and the power of Ki from Grand Masters Hwang & Jung, but you will also enjoy special small group classes with WHA Master Instructors from all over the US and around the world!

World Hapkido Association



Topics covered:

(Subject to change)

- Advanced Knife Defense
- Advanced Ground Sparring
- Long Staff Drills & Sparring
- Belt & Towel Defense
- Defense of Others
- Street Survival Tactics

This year will be our best yet!!!

Reserve your spot today!!!

For more details & Registration visit

<http://www.kimartialarts.com/WHASummerCamp08FlyerB.pdf>

World Hapkido Association
C/O D. Piller
19722 E. Villanova Pl
Aurora, CO 80013

Register before June 15th
and receive a
Free Limited Addition
08 Camp T-shirt

Hotel Reservations: <http://www.ichotelsgroup.com:80/h/d/cp/1/en/cwshome/DPRD-7CXMJT/VNTCA>

More Camp info: <http://www.kimartialarts.com/WHASummerCamp08FlyerB.pdf>

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The Uke/Nage Relationship Part I

...the most important relationship there is by Master Hindley

For those of you that are as familiar with the Japanese martial arts as I am, you are no doubt aware of what these words mean. They convey a special meaning indeed with nuances galore. The one thing I enjoyed about the Japanese arts is that there are many words within Budo (Japanese for the "Martial Way") that were designed to impart a certain understanding or a certain concept. It is far more difficult to find such words or phrases in the Korean language that specifically illuminates a martial idea. Therefore, I'm going to stick with the Japanese terminology here. The meaning conveyed is one of universal importance as it relates to martial art, especially to our Hapkido training.

Before we begin, let me define terms again for the "Korean-ized" of you. In its most basic form the Uke is the person on the mat who is having the technique applied to them. The Nage is the person who is actually applying the technique to the Uke. When Master Jung picks a person from a crowd for him to demonstrate on, that person taking the falls is the Uke and Master Jung, of course, the Nage. There! Sound simple? Looks simple? It's not! On the contrary, there is a lot going on in that brief exchange.

To be sure, there are many "styles" or arts in which this concept or relationship has very little significance or importance for them. In a striking art such as TaeKwonDo or the various forms of Karate, a teacher usually will demonstrate a technique on a paddle, bag or a motionless person (let's say in the form of one-step or three-step sparring) or even in the air. However, once the "demonstration" takes on a more self-defense nature (i.e. locks, chokes, throwing etc.) then the concept of the 'Uke/Nage' and the importance of this relationship rears its head. Notice that I use the term "relationship" to convey a meaning as to what is going on here...more on that in a minute.

There is nothing of more importance, especially to an instructor, than an Uke who understands how this relationship works and what is inherent in it...and what their role is. It's the same for the Nage. Each person within this relationship has clearly defined parameters of what needs to be accomplished. As is true in most relationships such as a husband and wife, supervisor and employee, parent and child and the even the Uke and Nage, nothing is more important, than that of **Trust!**

In any martial engagement between students this is, of course, of great significance. Whenever you allow dangerous techniques to be applied on you, a student is putting a great amount of *Trust*, if not *Faith*, in the hands of the other person. In a classroom situation, the goal is to practice your techniques with intensity and enthusiasm without causing harm. It should be implicitly understood that there is a great capacity to do harm. You are trusting your partner to exercise control, to not take advantage of your vulnerability, to release when signaled and to be sensitive to injuries and ability level.

This is where the crossover exists regarding the importance of manners and etiquette within the dojang setting. Bad manners and poor attitude often is reflected in a "dysfunctional" Uke/Nage relationship. People of this ilk often take advantage of such vulnerabilities to promote themselves, show some semblance of dominance or make an attempt to show how a technique "will not work on them" and on and on. This is an outpouring of one's ego and a person such as this is never more dangerous than they are within the confines of an Uke/Nage relationship that is predicated on trust. This is often noticed by people getting hurt or injured or verbal exchanges that border (if not cross) the line of disrespect. Individuals such as this are a risk to others and often sew a great deal of stress within the larger context of the dojang. Don't despair! Again, we see that it's just such a relationship (one that requires so much protocol and etiquette) that fleshes out individuals like this and exposes them for what they are. Fortunately, to the observant instructor, this happens well before injury, they are not hard to spot. Again, such is the beauty of this relationship. *Continued in the August 2008 issue*