

January
2007

WORLD HAPKIDO

newsletter

Association



HAPPY NEW YEAR **from all of us at the** **World Hapkido Association**

Happy New Year! We look forward to another great year of training and friendship. Together we learn and together we grow.

With a new year comes new promises, new challenges, new adventures. All of which makes this yearly changing of the guard very exciting. We look towards the coming months with hope and desire in creating a better us. We make plans, buy a new book, join a gym or start a new hobby. We alter our schedule to make time for our new found enlightenment. But what happens next? Many of us never seem to make it to the next step. We piddle out before we really begun.

It takes more than just wishing, more than just writing it down on a piece of paper, and more than just talking about it. We must take action by getting up and doing it. Here is our opportunity to get things in motion—to set our world a blaze, just by following through with what we have started. It is up to us—no one else—to be responsible, to motivate and be motivated.

We are the true kings and queens of our castle—the castle is our being and our kingdoms are our lives. So finish what you've started. Do what you desire. Be what you are meant to be. Today, tomorrow, forever.

5th Annual Rocky Mountain Ultimate Hapkido Seminar

**WHA President
Master Tae Jung**



Saturday, February 10, 2007 9 AM
at the Colorado History Museum.
\$75.00 RSVP by Jan 6, 2007

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School Profile: Mosley Taekwon-Do USA

My wife, Sandy and I opened our school, Mosley Taekwon-Do USA, in the summer of 2002 in Orlando, Florida. When we began we had no students and really no idea how to run a martial arts school. However, we both felt that this was something we really wanted to do. Now, more than four years later, we have approximately 75 students who train in both Taekwon-Do and Hapkido. We added Hapkido to our program in 2004 to strengthen our self-defense techniques and also to attract more adult students. What we soon realized is that our children were as excited about the techniques as we were. Now, the WHA curriculum is our self-defense program. We incorporated it in our Taekwon-Do program and our students have improved tremendously. Our students also train in Taekwon-Do sparring as well as Pro-Hapkido sparring.

We have had the opportunity to meet and train with Master Tae Jung and Master Dan Piller since joining the WHA. These two Masters symbolize what martial arts is all about. Our hope is to learn from them and hopefully pass on to our students the true meaning of Hapkido and the martial arts.

Sincerely,

Dan and Sandy Mosley





Technique of the Month

YUNG-HANG 1



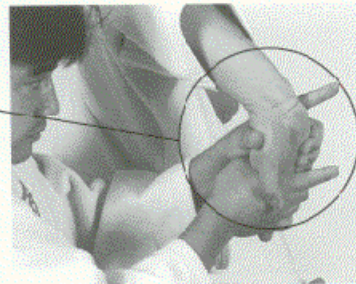
1. When your opponent grabs your right wrist with his right hand, open your hand (spread your fingers)



2. With your left hand grab his right wrist. Take a deep step with your left foot.



3. Right foot step forward pivoting around clockwise ducking under his arm. Raise his hand toward his armpit.



4. Pull his wrist to the mat. Then strike his face with your fist.



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Welcome Aboard!

New WHA Member **Erik S. Paul** from
Oceanside, California

Get in the Game*

It is easy to say that you practice a particular style of martial arts. If you have read a few books and researched the Internet you can become an expert in no time – not! Though reading and research are great ways to expand your base, there is no substitute for getting to the dojo and working up a sweat and working out the kinks. You can only get better if you do and do again and again. Many practitioners cling to the idea that if “I belong to a dojang, own a do-bok, a few books on the art, maybe a weapons set and attend class every new moon, then I must be a martial artist”. Again I say – not! Calling yourself a martial artist is a term that describes someone that trains regularly, consistently and trains hard. Ask yourself “Is this you?” Very few of us are martial artists. But don’t get hung up on this. If you want it, come and get it. But you have to make the time, the effort. Take the challenge and run with it. It is for all of us to achieve. Time and responsibilities of life can and do get in the way. Take them as they come. But if you are serious about your training, regardless of art or style, then you need to make consistent time to train. And when you are there, make the most out of the hour or two by dedicating yourself to improving your total package. Standing and ground fighting, falling, weapons... It is all up to you! Get in the game.

Now Available on DVD -
**Ultimate Hapkido In-
struction**
with **Master Tae Jung**
only \$59.95



We Want to Hear from YOU!
**The WHA Newsletter is for the
members by the members.**

If you have something to say we want to hear it: *events, seminars, testing, promotions, opinions, questions, experiences, photos etc, on and off the mat.*

Want to have your school profiled in an upcoming issue of the **WHA Newsletter**? Send us a bio on the school, instructor(s) and a photo and we will include it.



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